



WELCOME TO AN ESCAPE WITHIN AN ESCAPE. WHERE THE WHIRLWIND OF W WINDS DOWN, AND AWAY® MEANS A DISAPPEARING ACT FROM THE EVERYDAY INTO AN INSIDER SCENE OF SURPRISING SENSATIONS, A PLACE TO DELIGHTFULLY DETOX AFTER THE AFTER PARTY.

WHETHER ESCAPING THE CITY STREETS OR REFUELING YOUR COOL FROM THE HEAT OF THE BEACH, AWAY® SPA IS MORE THAN ANY SPA, IT'S W HOTELS' WAY OF WHISKING AWAY.

**AWAY® SPA ESCAPE CABANA IS LOCATED ON THE GROUND LEVEL OF W RETREAT & SPA BALI - SEMINYAK
OPEN DAILY FROM 10AM - 6PM
TO BOOK JUST RAISE YOUR HAND**

SPA ETIQUETTE

AWAY® SPA ESCAPE CABANA WELCOMES ALL GUESTS, AT LEAST 16 YEARS AND ABOVE.

WE ENCOURAGE YOU TO ARRIVE AT THE CABANA AT LEAST 10 MINUTES PRIOR TO YOUR SCHEDULED TREATMENT TO ALLOW TIME TO CHECK-IN.

OUR PROFESSIONAL THERAPISTS ARE WELL TRAINED TO APPROPRIATELY DRAPE YOU IN PRIVACY AND WILL ONLY EXPOSE THE PART OF YOUR BODY THEY ARE TREATING.

IF YOU MUST RESCHEDULE OR CANCEL YOUR APPOINTMENT, PLEASE NOTIFY US 6 HOURS PRIOR TO YOUR SCHEDULED APPOINTMENT TO AVOID BEING CHARGED FOR THE FULL TREATMENT.

ARRIVING LATE WILL LIMIT THE TIME OF YOUR TREATMENT. YOUR TREATMENT WILL END ON TIME IN ORDER THAT THE NEXT GUEST IS NOT DELAYED. FULL VALUE OF YOUR TREATMENT WILL BE CHARGED.

AWAY® SPA IS NOT RESPONSIBLE FOR ANY VALUABLES BROUGHT INTO THE CABANA.

AWAY

SPA BY
W HOTELS

THE ESCAPE CABANA

BY AWAY® SPA MENU

Ocean views, sparkling pool, and swaying coconut trees all come together whisk you on a relaxing journey. It's time to escape within an escape. Experience a beachside getaway that combines relaxation & refreshing treats performed by The AWAY® Spa W Bali, offering range of treatments incorporate Asian influences.

OCEAN MOTION MASSAGE 75 / 90 MINUTES

Set your mood to the natural ocean rhythms and experience our signature massage. It is an ideal massage for those looking to find balance within their body and mind. Ends with the relaxing head massage & cooling face compress.

800/900

FLIRTY FEET AND MARTINI 60 MINUTES

From the bottom of your feet to the bottom of your glass, indulge in an invigorating foot massage followed by a well-deserved martini.

600

INTENTS 110 MINUTES

When in Bali, do as the Balinese do. Starting off with a Balinese style massage with medium pressure and work your way up to traditional healing techniques to relieve muscle tension, improve circulation and create total relaxation. Continue with a face cleansing and a rejuvenating facial massage.

1.100

SUN LOVER FACIAL 30 / 60 MINUTES

Attention sun lovers! This one's for you. Our ultra hydrating facial treatment will immediately nourish and hydrate the skin to relieve tightness and dryness

600/1.100

"BACK UP" 30 MINUTES

Jet setters are on the go go go, fast track to recovery with a back massage that hits the spot, focusing on neck, shoulders, back & lower back...

All the usual suspects! Heck, have one every day and that next 24hr flight will be a push over!

450

WELLNESS MENU

MORNING MEDITATION

700

Life Style Meditation

A time to bring balance, concentration, strength and calm into our body and add a little peace to our hectic lifestyle.

Love and Happiness Meditation

Love is all around. Help build up the heart and improve the quality of love for a healthy relationship.

Spiritual Healing Meditation

Feel the forcefield. This simple method of meditation combines inner power, reiki and Balinese hypnotherapy healing which helps reduce stress and promotes healing, allowing everyone to tap into and limited supply of life force energy. This meditation heals by flowing through the affected parts of the energy field charging them with positive energy.

Kundalini Meditation

Kundalini (other name is chi/ prana/ shakti) is the life force energy. The more Kundalini you have, the more alive and awake you are. Work on bringing Kundalini energy up from the lowest chakra to the higher level chakras experiencing the more refined states of mind. Leave feeling more enlightened.

SUNRISE STRETCHING

290

Warrior floor exercise

Inspired by "silat", a traditional Indonesian martial arts exercise, it promotes agility in movement, increases flexibility, and stimulates healthy blood circulation. It will warm you up, wake you up, and get you started.

Stretch & Flex

Stretch your muscles before facing a great day. Using a series of stretching the limbs to warm up the body.

All prices are in thousand Indonesian rupiah & subject to 21% service charge and prevailing government tax